

Star Army Standard Fitness Center

This area is designed to help keep the crew physically fit. The fitness center contains an assortment of exercise machines: weights, treadmills, etc. It is configurable, for various activities; such as group calisthenics, practicing katas, martial art matches, other sports.

On some larger vessels such as the [Henry Chen-class Training Ship](#), an actual running track that surrounds the fitness area may be added.



OOO Notes

Art for [Nakeysha Smalls](#) by Aranren. Commissioned by Wes.

From:

<https://wiki.stararmy.com/> - **STAR ARMY**

Permanent link:

https://wiki.stararmy.com/doku.php?id=stararmy:interiors:standard_fitness_center

Last update: **2023/12/21 01:02**

