

Eggs

When it comes to versatile, nutritious, and universally beloved food items, nothing quite holds a candle to the humble egg. Whether it's a soldier needing a quick protein boost or a chef aspiring to create a galactic culinary masterpiece, eggs are as essential to the Star Army universe as the stars themselves.



Price: 0.5 KS each for chicken eggs

History

The history of eggs is as old as life itself, spanning across planets, civilizations, and culinary traditions. As the Star Army explored new worlds, they discovered a variety of egg-laying creatures, each offering unique flavors and properties. The diversity of eggs and their ubiquitous role in cuisine quickly made them a staple item in the Star Army Commissary and led to their inclusion in various military rations.

Description

In the Star Army universe, the term “egg” doesn't necessarily refer solely to a chicken egg. From the giant eggs to tiny, luminous orbs, eggs in this setting come in all shapes, sizes, and flavors. The commonality is their nutritional value, rich in proteins, fats, and essential nutrients.

Egg Producers

These are some known sources of eggs in the Star Army setting:

- [Nataria](#) has large amounts of chickens that lay eggs
- [Daikoku-Class Agricultural Ship](#) can host chickens
- [Kameyama District of the Tsu Agricultural Zone](#) on [Jiyuu III](#)

Usage

Eggs are an incredibly versatile ingredient in the Star Army culinary world:

- **Field Rations:** Scrambled egg powder and other egg-based components are common in field rations for their protein content.
- **Culinary Applications:** From omelets and frittatas in the mess hall to exotic dishes the possibilities are endless.
- **Nutritional Supplements:** Due to their rich nutrient content, eggs are also utilized in various dietary supplements and even medical applications.
- **Cultural and Ritual Uses:** In some cultures, eggs hold symbolic significance and are used in various ceremonies and rituals.

Scrambled Eggs

The most basic way to eat eggs is to mix the contents and cook them to make scrambled eggs. This is a popular breakfast dish in the [Yamatai Star Empire](#) and [Democratic Imperium of Nepleslia](#).



OOO Notes

Article by [Wes](#). Feel free to expand on it, particularly with examples of types of eggs found in the Star

Army setting.

See: <https://starmy.com/roleplay-forum/threads/where-does-the-sarpiverse-get-eggs-and-milk.70832/>

Products & Items Database	
Product Categories	foods
Product Name	Eggs
Price (KS)	0.50 KS

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