

# Giana'alto (Nutrient Paste)

Giana'alto is a [Poku Saeruo Degonjo](#) emergency food substitute found in survival kits and other emergency containers, it came into use in 736 CY ([YE 17](#)).

## About the Giana'alto

One 12 oz tube contains the nutritional requirements for an adult [Qaktoro](#) for one day. They come in bundles of eight, or a weeks worth of nutrition.

It is a synthesized product containing, protein, amino acids and carbohydrates. Which is then flavored to make it more palatable. While it will keep a [Poku'vonai](#) alive, the flavor helps make it edible, but the consistency leaves much to be desired. *Giana'alto has a consistency of 'peanut butter'; which for a species which prefer meat is not satisfying.*

The tubes are plastic with the flavor indicated on the exterior. They are sealed and have a pull to open strip. The tubes are resealable by means of a press to seal strip.

## Flavors

The flavors are the most common in the clan.

- [Buvory](#) (Lizard) with spicey orange
- [Kywigor](#) (Meat Bug) with honey glaze
- [Laminwigor'ka](#) (Large meat animal) with dark gravy

Note: Survival instructors for the clan hail the Giana'alto as the best motivation for [Daho'ai \(Warriors\)](#) to improve their hunting and foraging skills.

## Details

- Manufacturer: [Otâmovi Wiy Jael](#)
  - Shelf life: 3 Mai (years)
  - Cost: 10 [Odawina \(OW\)](#) for 1 bundle of 8

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