

Wapoin'te Ruo'sa (Fitness Room)

On larger ships a Wapoin'te Ruo'sa is present on [Poku Saeruo Degonjo](#) to help ensure that the crew remains physically fit.

The room is typically an open space room with one or more [Anomu Wunyte \(Security Door\)](#) to allow easy access to the crew. There is usually a couple of tread mills, and weight machines. There is a rack with assorted exercise items.

Hull braces composed of [Mâqirây \(Bound Metal\)](#) protrude from the side [Anoi \(Walls\)](#). There are [Tyo'te Wuny'ta \(Fire Suppression\)](#) ports and standard [Ibâ'te \(Lighting\)](#) in the ceiling.

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