

# Abwehran Cuisine



**WIP:** This article is a work in progress.

Styles of preparing and cooking food vary on the planet of [Abwehr](#). Different climates, sub-cultures, and tastes have led to many variations in food preparation. However, a single style of cuisine has been chosen as *the* Abwehran Cuisine.

## "Abwehran Cuisine"

A style of food preparation from the Capital City of [grossartige\\_festung \(city\)](#), it has been labeled as *Abwehran Cuisine* as for the benefit of tourists and Non-Abwehrans. In actuality, it is a melting-pot style of cuisine that pulls from the techniques and tastes of all the nearby regions surrounding the Capital.

<To be finished once Regions are completed>

## Styles of Abwehran Cuisine by Region

**SEE:** [Geography of Abwehr](#) for information on Regional Cuisine.

## Abwehran Cuisine and Non-Abwehrans

Since [Abwehr](#) is a heavy-gravity world dense in heavy and rare minerals, much of the native Abwehran Cuisine can be hazardous to non-Abwehrans. In fact, heavy-metal poisoning is a common occurrence for any non-Abwehran silly enough to try *unfiltered* Abwehran food stuff.

### Azoreans

### Elysians

### Freespacers

### Geshrin

While similar to the [Yamataians](#), Geshrin have a lower tolerance for heavy metals than the more updated models.

## Helashio

## ID-SOL

## Iromakuanhe

## Jiyuuian

## Kohanians

## Lorath

## Mishhuvurthyar

A species that is unaffected by the heavy mineral content in Abwehran Cuisine, the [Mishhuvurthyar](#) are quite capable of eating Abwehran Cuisine.

## Nekovalkyrja

One of the few species that are unaffected by Abwehran Cuisine, [Nekovalkyrja](#) have a sturdy digestive system that enables them to filter out components that are labeled as poisonous to the [Yamataians](#). Because of this, they are able to eat Abwehran Cuisine with very little issues.

## Nepleslian

## Yamataians

While not quite as capable of digesting Abwehran Cuisine as [Nekovalkyrja](#) and [Mishhuvurthyar](#), [Yamataians](#) are able to eat small quantities of Abwehran food without suffering any ill-effects. Eating too much can lead to minor digestive issues.

## OOO Notes

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