

# Star Army Standard Fitness Center

This area is designed to help keep the crew physically fit. The fitness center contains an assortment of exercise machines: weights, treadmills, etc. It is configurable, for various activities; such as group calisthenics, practicing katas, martial art matches, other sports.

On some larger vessels such as the [Henry Chen-class Training Ship](#), an actual running track that surrounds the fitness area may be added.



## OOC Notes

Art for [Nakeysha Smalls](#) by Aranren. Commissioned by Wes.

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