

Standard Gymnasium

A standard addition to [Solarii](#) warship designs. The gymnasium was included as a means of additional recreation as well as a way to keep [Vanguard](#) personnel physically fit when not on active duty. Slightly more utilitarian in design to some of the other interior designs for which Solan is known for in terms of comfort, the gymnasium does not skimp on equipment. Common accouterments include exercise cycles, treadmills and weight trainers of varying designs for specific or modular use. Depending on the size of the gym in question, one could also find a multipurpose room for light sparing, or some contact sport activities. It also is not unusual to see some form of refreshment bar located within the room either or for ship officers to requisition more equipment to better suit the crew.

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